

TRACEN Petaluma Haley Hall Dining Facility

18MAY26 - 24MAY26

3	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT	VARIES	LOADED POTATO SOUP	295	POLLO AL LIMONE	300
	CREAM OF WHEAT	110	SAUTEED PORK MEDALLIONS W/ APPLE CHUTNEY	210	PARMESAN FINGERLING POTATOES	190
	ASST. TOPPINGS	VARIES	GRILLED CHICKEN THIGHS	400	TORTELLINI W/ PESTO SAUCE	145
	SCRAMBLED EGGS	VARIES	WILD MUSHROOM QUINOA	220	CAPONATA	60
	EGGS TO ORDER	VARIES	AU GRATIN POTATOES	120	BROCCOLI RABE	80
	BOILED EGGS	78	SAUTEED GREEN BEANS	235	FRENCH BREAD	112
	CHICKEN SAUSAGE LINKS	140	ROASTED ROMANESCO	68		
	PORK SAUSAGE LINKS	180				
	BREAKFAST LATKES	210	<u>PLATED ALTERNATIVE</u>			
	WAFFLES W/ BUTTER & SYRUP	151 / 120	GRILLED TURKEY BURGERS (VEGETARIAN ALTERNATIVE)	292 VARIES		
SPINACH QUICHE	320					
T U E S D A Y	FRESH FRUIT	VARIES	POZOLE	380	HONEY BAKED HAM	350
	OATMEAL	158	BEEF BIRRIA	525	GARLIC MASHED POTATOES	250
	ASST. TOPPINGS	VARIES	CHICKEN TACOS	202	BROWN GRAVY	75
	SCRAMBLED EGGS	VARIES	FRIJOLES CHARROS	210	CREAMY MAC & CHEESE	325
	EGGS TO ORDER	VARIES	SOUTHWESTERN RICE	350	STEAMED GREEN PEAS	63
	BOILED EGGS	78	CHILI LIME CORN	62	ROASTED ASPARAGUS	98
	CRISPY BACON	192	ROASTED PEPPERS AND ONIONS	150	DINNER ROLLS	180
	GRILLED HAM STEAKS	180	SALSA BAR W/ CHIPS	VARIES		
	HASH BROWNS	151				
	FRENCH TOAST W/ BUTTER & SYRUP	195/120	<u>PLATED ALTERNATIVE</u>			
BISCUITS & SAUSAGE GRAVY	210	CEVICHE W/ TORTILLA CHIPS	300			
W E D N E S D A Y	FRESH FRUIT	VARIES	ITALIAN WEDDING SOUP	185	BEEF STROGANOFF	300
	HOT GRITS	142	MAPLE MUSTARD CHICKEN	493	RICE PILAF	276
	ASST. TOPPINGS	VARIES	PANKO CRUSTED HALIBUT	190	NOODLES JEFFERSON	241
	SCRAMBLED EGGS	VARIES	BAKED POTATO BAR	165	STEAMED BROCCOLI	188
	EGGS TO ORDER	VARIES	CREAMY POLENTA	298	BABY CARROTS W/ DILL BUTTER	80
	BOILED EGGS	78	ROASTED PARMESAN CAULIFLOWER	155	HOT DINNER ROLLS	120
	GRILLED SPAM / LINGUISA SAUSAGE	180	SAUTEED GREEN BEANS	35		
	HOME FRIES	210	BREADSTICKS	87		
	JASMINE RICE	105				
	BLUEBERRY PANCAKE	190	<u>PLATED ALTERNATIVE</u>			
BUTTER & SYRUP	120	WHEATBERRY CHILI W/ BRATWURST	500			
T H U R S D A Y	FRESH FRUIT	VARIES	MISO SOUP	280	CAJUN CHICKEN	395
	CREAM OF WHEAT	110	PORK TONKATSU	367	VEGETERIAN SPICY RED BEANS	160
	ASST. TOPPINGS	VARIES	JAPANESE YAKITORI CHICKEN	300	WHITE RICE	180
	SCRAMBLED EGGS	VARIES	GARLIC FRIED RICE	165	SIMMERED COLLARD GREENS	160
	EGGS TO ORDER	VARIES	YAKISOBA (STIR FRY NOODLES)	170	CAJUN MUSHROOMS	90
	BOILED EGGS	87	HIBACHI ZUCCHINI	80	CHEDDAR DROP BISCUITS	80
	CRISPY BACON	195	SAUTEED NAPA CABBAGE	47		
	SAUSAGE HOT LINKS	251				
	GOLDEN HASH BROWN PATTIES	210 / 120	<u>PLATED ALTERNATIVE</u>			
	PANCAKES W/ BUTTER & SYRUP	210/120	TEMPURA SHRIMP W/ JAPANESE VEGETABLE CURRY (VEGETARIAN ALTERNATIVE)	450 VARIES		
BREAKFAST SANDWICHES	320					
F R I D A Y	FRESH FRUIT	VARIES	SEAFOOD CHOWDER	410	HONEY GARLIC PORK CHOPS	236
	OATMEAL	158	CATCH OF THE DAY	VARIES	SCALLOPED POTATOES	180
	ASST. TOPPINGS	VARIES	NEW YORK STRIP STEAKS	704	GARLIC & HERB PASTA	160
	SCRAMBLED EGGS	VARIES	ROASTED FINGERLING POTATOES	440	ROASTED TOSCANA VEGETABLES	78
	EGGS TO ORDER	VARIES	RISOTTO W/ SUN DRIED TOMATOES	201	MALIBU BLEND VEGGIES	80
	BOILED EGGS	180	ROASTED ROMANESCO	100	HAWAIIAN ROLLS	87
	CHICKEN SAUSAGE LINKS	151	BROCCOLINI W/ LEMON CRUMBS	70		
	PORK SAUSAGE LINKS	210	POPCORN SHRIMP & FISH BITES	VARIES		
	POTATOES O'BRIEN	195 / 120				
	FRENCH TOAST W/ BUTTER & SYRUP	195/120				
BREAKFAST BURRITOS	320					
S A T U R D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	TANDOORI CHICKEN	300
	HOT GRITS	142	BACON / MAPLE PORK SAUSAGE LINKS	579	BASMATI RICE	190
	ASST. TOPPINGS	VARIES	PANCAKES W/ BUTTER & SYRUP	151 / 120	VEGETABLE PAKORA	145
	SCRAMBLED EGGS	VARIES	HOT DOGS & CORN DOGS	VARIES	GRILLED GRAFFITI EGGPLANT	60
	EGGS TO ORDER	VARIES	FRENCH FRIES	275	GARLIC NAAN	105
	BOILED EGGS	78	CHILI AND CHEESE SAUCE	110		
	BACON / MAPLE PORK SAUSAGE LINKS	92/180	STEAMED BROCCOLI	90		
	HASH BROWNS	151	TOPPINGS BAR	VARIES		
	PANCAKES W/ BUTTER & SYRUP	151/120				
S U N D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	GARLIC CRUSTED SIRLOIN ROAST	350
	CREAM OF WHEAT	110	TURKEY / PORK SAUSAGE LINKS	320/180	RED WINE AU JUS	75
	ASST. TOPPINGS	VARIES	FRENCH TOAST STICKS W/ BUTTER & SYRUP	210 / 120	LONG GRAIN WILD RICE	180
	SCRAMBLED EGGS	VARIES	GRILLED CHICKEN STREET TACOS	210	ROASTED SWEET POTATO WEDGES	63
	EGGS TO ORDER	VARIES	CHARRO BEANS	150	MIXED VEGETABLES	98
	BOILED EGGS	78	CHILI LIME CORN WITH COTIJA CHEESE	177	MALIBU BLEND VEGETABLES	87
	PORK SAUSAGE LINKS	135	TOPPINGS BAR	VARIES	FRENCH BREAD	112
	TURKEY SAUSAGE LINKS	145				
	HOME FRIES	151				
	FRENCH TOAST STICKS W/ BUTTER & SYRUP	210/120				

Week 3

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By: CSC E. S. Sanchez Dining Facility Supervisor	Reviewed By: CSCS N. E. Mogan Food Service Officer	Approved By: Captain J. D. Burch Commanding Officer
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